

Elevate Patient Care: Seamless Telehealth Integration for Your Agencies Success!

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#### Founded by experienced ER Doctors

#### March 2016-June 2023

#### StationMD Visits by Outcome

All our clinicians are trained to handle complex medical issues individuals with I/DD often face

Currently serve 22 states and approximately 38,000 individuals

We resolve over 90% of our calls without the individual leaving home setting

| Time Period | % Treated in Place |  |
|-------------|--------------------|--|
| 2016        | 86.4%              |  |
| 2017        | 86.0%              |  |
| 2018        | 89.1%              |  |
| 2019        | 87.2%              |  |
| 2020        | 89.0%              |  |
| 2021        | 93.3%              |  |
| 2022        | 93.0%              |  |
| 2023        | 93.4%              |  |
|             |                    |  |

89.7% of StationMD Clients with IDD Are Treated in Place



### Our Goals

Help vulnerable populations lead healthy, independent, and productive lives.

Access to the Optimal Care

Decrease Healthcare Costs

Improve the lives of people with IDD and their caregivers





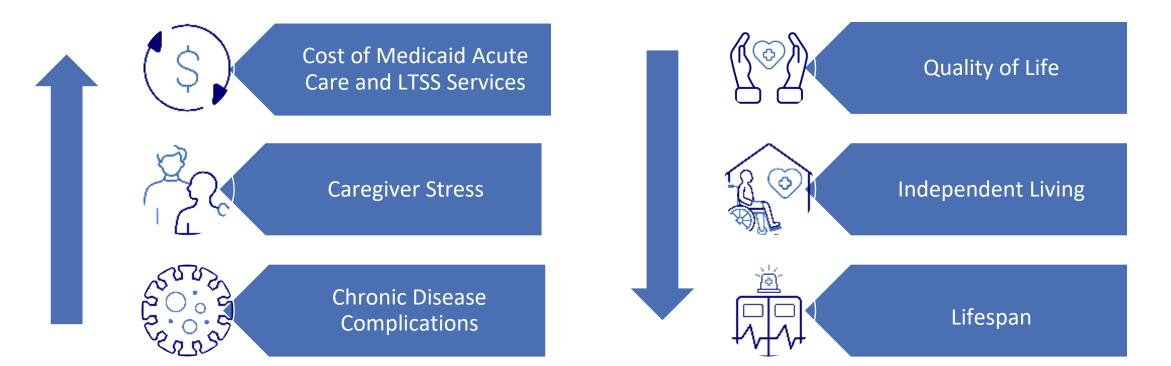




### **Services**

| Urgent<br>Care  | Behavioral Health                                      | Nursing<br>Services                                   | Medical<br>Director  |
|---|--|---|--|
| <ul> <li>On-demand Access<br/>to Clinicians 24/7<br/>365 Days a Year</li> </ul> | <ul> <li>Person Center<br/>Psychiatric care</li> </ul> | <ul> <li>Quarterly Nursing<br/>Assessments</li> </ul> | <ul> <li>Policy &amp; Procedure<br/>Support</li> <li>Case Reviews</li> <li>Active Analysis to<br/>Promote Medical<br/>Quality</li> </ul> |
|   |  |   |  |

### Result of Unmeet Healthcare Needs in the IDD Population





#### The Problem

Disparities in access to health care and the quality of care have been associated with worse physical health, mental health, and a greater burden of chronic disease for people with disabilities compared to their non-disabled peers.



### How Telemedicine Can Help

#### Barriers

Lack of access

• Suboptimal care for special needs

• Primary care unavailable in off hours

Regulatory pressures



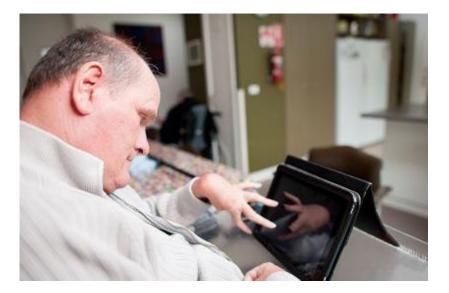
#### Solution

- Telehealth removes geographic impediments
- doctors with specialized I/DD training
- Provide access to medical records/database
- Personalized care provided in safety of person's own environment
- Provide availability 24 hours
- Need doctor evaluation immediately
- Provide full documentation



#### Causes of Frequent ER/Urgent Care Use for People with I/DD

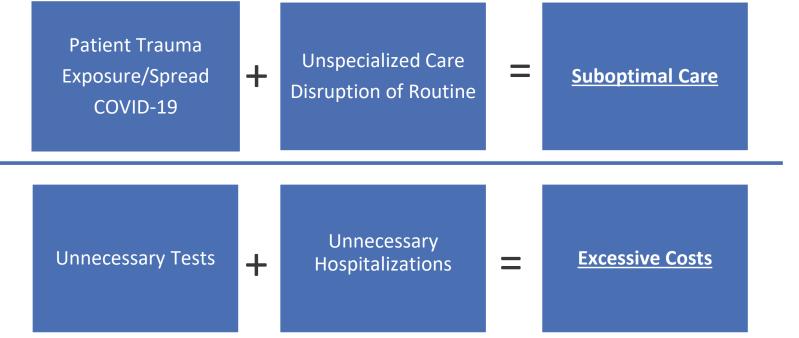




High Risk/Multiple Co-Morbidities Lack of Access to Medical Care Otherwise Regulatory Requirements Primary Doctor Lacks Immediate Availability

#### The Problem with the ER: Expensive yet Suboptimal Care





General disruption, weeks to stabilize frightening, unnecessary admission and puts many at risk

StationMD can be used for any non-life-threatening concern. If it is a life-threatening emergency, call 911



Fever, vomiting, & seasonal illness



Rash



Falls



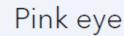
Prescription refills



Behavioral health crises











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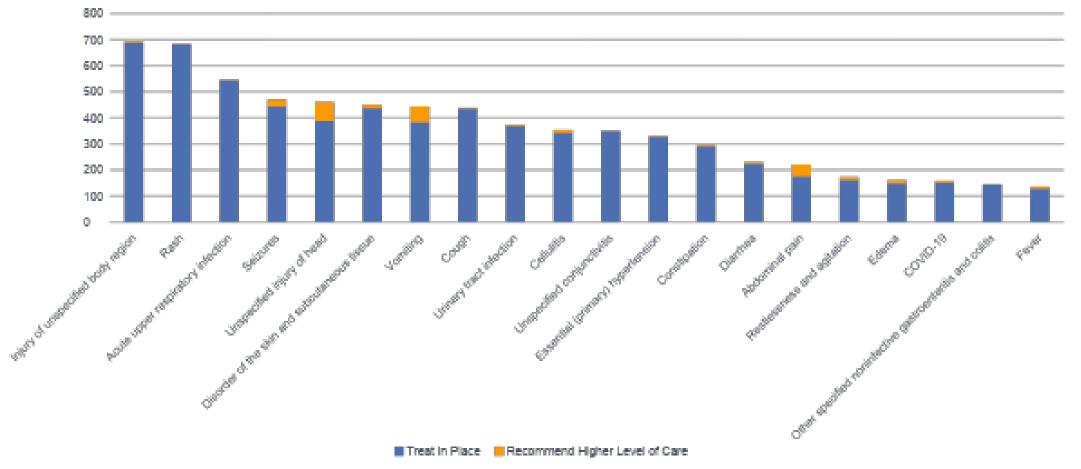
And so much more...

StationMD is not meant to replace a primary care physician.



### Most calls result in avoided ER transfers across diagnoses

2023 Top 20 Diagnoses





#### Benefits for the Provider

| Reduction in transportation costs and staffing                             |
|--|
| Cost reduction regarding on-call services                                  |
| Reduction of anxiety/stress of supervisors, staffing Cord., DSP and Nurses |
| Reduction of adverse behaviors when healthy                                |
| Direct collaboration and care coordination with medical providers          |
| Less ER and urgent care visits, reporting and follow-up                    |
| Customized/Person Centered HealthCare                                      |
| Reduce exposure to viruses and disease                                     |
| Direct collaboration and care coordination with medical providers          |



#### **Benefits for the Caretaker**

- Reduced exposure to viruses and illness
- Personal Engagement without taking away from other family members and/or work
- Peace of mind
- Aids with caregiver burnout
- Loved ones can age in place longer
- Reduce anxiety and stress

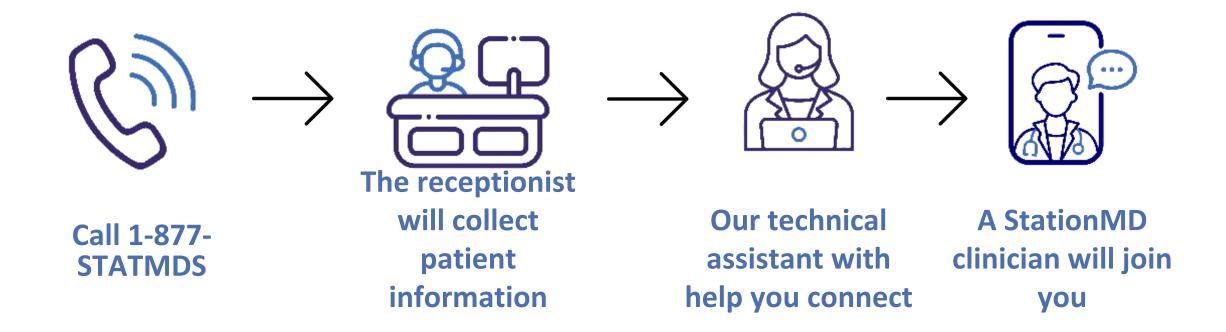


#### **Benefits for the Individual**

- Less ER & urgent care visits resulting in decreased disease exposure
- Better overall quality of care
- 24/7 365 days a year access to health care
- Doctor on demand with specialized I/DD training
- Customized/person-centered healthcare
- Decrease trauma of transport
- Reduction of trauma and anxiety



# To Start a StationMD Telemedicine Visit:







# More Than Just Telemedicine

#### **Documentation Follow up**

**EHR** 

StationConnect is StationMD's own electronic health record system. It houses patient information such as medical history, medications, diagnoses, and past visit documentation. It is used by our clinical team during patient encounters, and by designated client contacts for self-service access to visit data and information.



#### Ways to retrieve health records

- Electronic Medical Record
- Secure Fax
- Secure Email
- Agency Access to EHR



#### After Care Team

Our team of nurses may call back in a few days to:

Discuss lab or radiology test result

Check-in and see how the person is feeling

Follow up on any ER visits or hospital admission







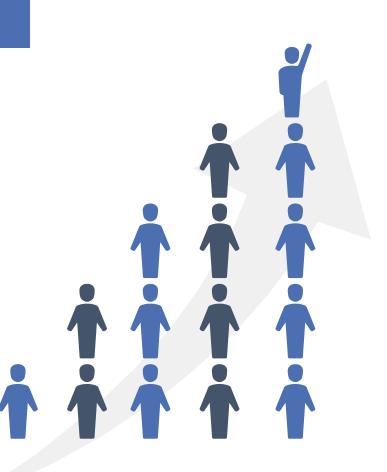


#### **Reporting/Data Analysis**

Comprehensive reporting package is key to analyze trends

Monthly data by site

- Number of visits/calls by
  - Hour of Day
  - Day of Week
  - Outcome i.e. observe, transfer, etc.
  - Diagnosis



# **Telemedicine Users Satisfaction IDD-Specific**



#### Individuals

- 96% were happy with their StationMD visit
- 94% would recommend StationMD to a family or friend
- 84% prefer to use StationMD vs. venturing out to seek medical care



- 70% feel more job satisfaction with access to StationMD
- 77% feel they get answers to health questions through StationMD
- 77% feel access to StationMD improves the lives of their clients

### **Star Plus Partnerships**



• Molina

• Superior

United



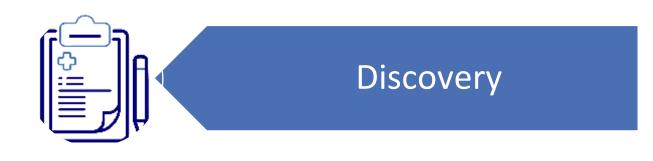




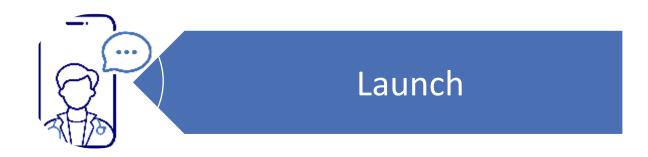
### What's Need to Get Started



### **Getting Started**







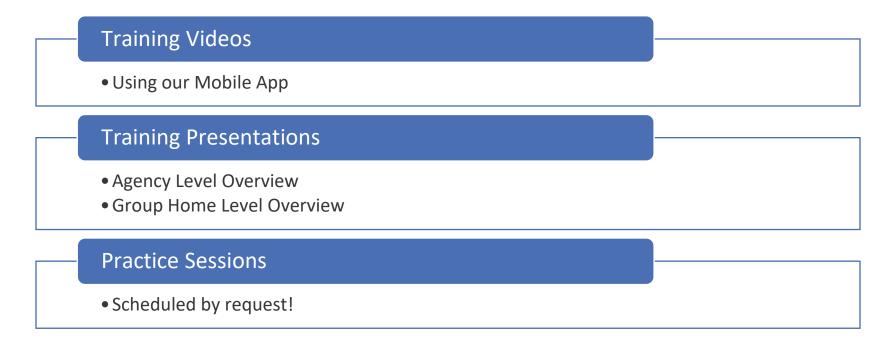




### **Training Options**

Training is <u>NOT</u> required prior to making a call. A StationMD Technical Assistant will guide you through the process at the start of each visit.

We have various training offerings available to you:



For any technical issues, contact Technical Support at 908-663-2929 ext. 821 or techsupport@stationmd.com





# Discussion and Questions